

# New Member Packet

Welcome!

## Derby City Dragons



**We're very happy you have chosen to be a member of  
Derby City Dragons (DCD),  
The Louisville Kentucky area's  
First Breast Cancer Survivor Dragon Boat Racing Team!**

Dear New Member,

Welcome to the Derby City Dragons. We are proud to be the Louisville Kentucky area's first dragon boat racing team of breast cancer survivors!

**Our mission:**

- To raise awareness of breast cancer in our community
- To restore physical, emotional and spiritual health of survivors
- To transform life challenges through encouragement and support
- To commemorate our brothers and sisters who have lost the battle with breast cancer
- To "awaken the dragon" in each of us, celebrating life, one stroke at a time.

**Our Vision:**

To make a difference in the fight against breast cancer through dragon boat racing and our involvement in community activities.

If you have any questions or concerns, please do not hesitate to contact any of the following teammates:

Carol Challas  
President/Coach and breast cancer survivor  
[DBLou13@aol.com](mailto:DBLou13@aol.com)  
502-649-0522

Ellen Jacobs  
Fundraising/Non-Paddling Co-Captain  
and breast cancer survivor  
[ellenjacobs@gmail.com](mailto:ellenjacobs@gmail.com)  
502-667-2891

Lisa Fields  
Vice President/Paddling Co-Captain and  
breast cancer survivor  
[lisafields8@gmail.com](mailto:lisafields8@gmail.com)  
502-681-6837

Phyllis Lee  
Paddling Co-Captain and breast cancer  
survivor  
[phyllisdlee717@yahoo.com](mailto:phyllisdlee717@yahoo.com)  
502-767-2557

Debbie Ress  
Treasure and breast cancer survivor  
[dagress1@gmail.com](mailto:dagress1@gmail.com)  
502-291-2668

Missy Wislocki  
Membership and breast cancer survivor  
[missywislocki@gmail.com](mailto:missywislocki@gmail.com)  
502-741-6921

Georgianna Dotson (aka George)  
Secretary and breast cancer survivor  
[dotsonfamily@hotmail.com](mailto:dotsonfamily@hotmail.com)  
270-977-7116

Open  
Non-Paddling Co-Captain

Sincerely,

Your Derby City Dragons (DCD) Leadership Crew

**New Member Information – Derby City Dragons**

Name:	Date:
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Street Address:

City:	State:	ZIP:
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Date of Birth:	Are you able to swim: Yes No
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Home phone:	Cell phone:	Breast Cancer Survivor? Yes No (month/year diagnosed: _____)
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Email address:

*Please write your email address legibly – it is our main form of communication with you.  
If you have more than one email address, indicate your preferred addressed.*

Best way to contact you:

Email                       Cell phone                       Home phone

Occupation/Job Title:

Skills/Talents/Hobbies/Interests (computer, writing, organizational, photography, public speaking, artwork, etc.):

**Emergency Contact**

Name:	Phone: Home Cell	Relationship:
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**Membership Information**

Why are you interested in joining this team? (Check as many as apply):

<input type="checkbox"/> Competition	<input type="checkbox"/> Support/Volunteer
<input type="checkbox"/> Fitness	<input type="checkbox"/> Other _____
<input type="checkbox"/> Recreation	

Membership type (Check one):

BCS Paddling Team (Breast Cancer Survivor) \$80.00/year

BCS Non-Paddling Team (Breast Cancer Survivor) \$40.00/year

Please select one or more committees on which you would like to participate (Check as many as apply):

<input type="checkbox"/> Membership/Recruitment/Team clothing/mentorship/new member packets/post-season team celebration <input type="checkbox"/> Communication (External) Public website, media releases, public speaking, outreach, brochure <input type="checkbox"/> Communications (Internal) Sunshine, history, memorabilia, photos <input type="checkbox"/> Equipment (boat, paddles, pfd, maintenance, storage, etc.)	<input type="checkbox"/> Fundraising/Sponsorship/Donors/Merchandise sales <input type="checkbox"/> Festivals/Events/Races/Community event participation <input type="checkbox"/> Training/Fitness – food/water, off-season exercise classes, practice schedules <input type="checkbox"/> Safety
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"I have read and accept the terms of the Derby City Dragons Waiver and membership responsibilities"

Signature of Applicant \_\_\_\_\_ Date: \_\_\_\_\_

***Please read following pages and sign the Participation Agreement***

## **Membership Dues**

### **Paddling Team Members**

- Annual membership is eighty dollars (\$80.00), plus the cost of your DCD team racing shirt
- Race fees and travel expenses may be in addition to the regular team dues and will be determined by each race that we enter.

### **Non-Paddling Team Members**

- Annual membership is forty dollars (\$40.00), plus the cost of your DCD team racing shirt

Membership dues are collected by the team Treasurer on June 1<sup>st</sup> of each year. All checks must be made out to Paddling for Cancer Awareness – Derby City Dragons. Membership dues are voted on by the leadership crew and may change as deemed necessary to cover team expenses. Please contact the team Vice-President if you need to make alternate financial arrangements.

### **Paddler and non-paddler uniform**

At practice, team members can wear any clothing suitable for water sports. Since you are likely to get wet, you may find “wicking” material most comfortable. Each participant must wear shoes - tennis shoes, water shoes, boating shoes are all acceptable - if possible, avoid “flip-flops”, as they are not the safest shoe for paddling. Life jackets are provided by the team and must be fastened and worn whenever you are participating in the boat.

When competing and participating in team events around the community, we ask all team members to wear the following:

- Derby City Dragon Team racing shirt
- Black shorts or capris

### **Paddler’s Commitment**

The Derby City Dragons expects its team members to attend practices each week. Learning the stroke and keeping in time takes practice. Patience with yourself and other team members is required and expected. By joining Derby City Dragons, you are entering into a relationship. Like any relationship, each side must respect the requirements of the other. Joining the team will require the commitment of time, money, and effort. The team, in turn, will help you to develop as a paddler and participate in a unique and rewarding sport. Neither side can succeed without the other.

### **Participation**

- I will attend scheduled practices. I understand that my placement in races depends on my dedication.
- I will contact the proper person if I am unable to attend a practice or will be late. I understand that my teammates depend on me.
- I will respond to team emails in a timely manner.
- I will attend all mandatory team meetings. If I can’t attend, it is my responsibility to contact the proper person to find out what I missed.
- I am in generally good physical health to participate in this sport. I understand that paddling is a strenuous activity and I will listen to my body to decrease risk of injury.
- I will participate/chaire a committee. I understand that committee involvement is important to the team and its success.
- I will be willing to participate in off-season events, community events, and team meetings.

### **Sportsmanship**

- I will always be respectful of my teammates, coach, steerspersons, team guests, other teams, race officials, etc.
- I will support my team on and off the water.
- I will be respectful of all borrowed equipment.

### **Practice Location**

The DCD practice location may vary due to training requirements or water conditions. The team typically practices two times a week on the Ohio River in Louisville, Kentucky. Each practice is scheduled for 1½ -2 hours, including attendance, warm up, practice, equipment preparation, putting equipment away and team discussion. Schedules are determined at the beginning of each year and team members are made aware of the schedule via email communication. If a practice is to be cancelled due to inclement weather, members will be notified approximately two hours prior to scheduled practice time. A back up plan may then be determined to meet and exercise at an alternate location.

**PARTICIPATION AGREEMENT, RELEASE, AND ASSUMPTION OF RISK  
AGREEMENT**

In consideration of Paddling for Cancer Awareness, Inc. (DBA Derby City Dragons) Dragon Boat Racing Team, their board members, agents, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (herein after collectively referred to as DCD); and their board members, agents, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf; and participants, teams, organizers of any Dragon Boating event/festival and/or public event in which I may participate on behalf of the above named, I hereby agree to release, indemnify, and discharge DCD, on behalf of myself, my spouse, my children, my parents, my heirs, assigns, personal representative, and estate as follows:

1. I acknowledge that my participation in Dragon Boat racing entails known and unanticipated risks that could result in physical, mental, or emotional injury, paralysis, death, or damage to me, to property, or to third parties. I understand that such risks cannot be eliminated without jeopardizing the essential qualities of the activity.

These risks may include, but are not limited to, among other things: boat capsize; tidal conditions and currents; collision with objects or other watercraft; prolonged exposure to cold water; hypothermia; accidental drowning; exposure to sun, heat, strong wind, cold, storms, waves, lightning; illness in remote areas; aggressive and/or poisonous marine life; wrist, arm shoulder, and/or back injuries; slips, trips and falls; and rapidly changing adverse weather and water conditions.

Furthermore, I acknowledge that the Team Board Members, Captains, Coaches, other members, and Team and Event organizers and volunteers, have difficult jobs to perform. While seeking to safely conduct meets, races, practices and exercise programs, they are not infallible and cannot anticipate all circumstances which may adversely affect such meets, races, practices and exercise programs; and that such circumstances may adversely affect me. Such circumstances may include, but are not limited to: lack of awareness of participant(s) fitness or abilities; misjudging of weather or other environmental conditions; issuance of incomplete warnings, directions, instructions; malfunctioning of equipment used; actions instigated by other participants.

2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in dragon boat practice, dragon boat racing, and associated activities in spite of and with knowledge of said risks.
3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless, DCD, P4CA, all board members, coaches, captains, other team members, and volunteers associated with DCD and dragon boat racing, practice and events, public event participation from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of the equipment or facilities associated

with the activity, including any such claims which allege negligent acts or omissions of DCD.

4. Should any DCD board member, registered team member, associate, or volunteer or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition, current or future, I may have.
6. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

**By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against Paddling for Cancer Awareness, Inc. (DBA Derby City Dragons), and Dragon Boat event organizers/festivals/races/and other participants on the basis of any claim from which I have released them herein. I have had sufficient opportunity to read this entire document. I have understood it and agree to be bound by its terms.**

\_\_\_\_\_  
**Participant Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Printed Name**

\_\_\_\_\_  
**Phone Number**

\_\_\_\_\_  
**Address**

\_\_\_\_\_  
**City, State, Zip code**

\_\_\_\_\_  
**Emergency Contact**

\_\_\_\_\_  
**Phone Number**

**Proof of Medical or Health Insurance/coverage:**

\_\_\_\_\_  
**Insurance Company**

\_\_\_\_\_  
**Plan/group Number**

\_\_\_\_\_  
**Member Number**

**Parent or Guardian Additional Indemnification**  
**(must be completed for participants under the age of 18)**

In consideration of \_\_\_\_\_(print name of minor) (hereafter know as "Minor") being permitted by Paddling for Cancer Awareness, Inc. (DBA Derby City Dragons) to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless DCD, the DCD Board, registered team members, associates, or volunteers or anyone acting on their behalf, from any and all claims which are brought by, or on the behalf of, Minor, and which are in any way connected with such use or participation by the above named Minor.

\_\_\_\_\_  
**Signature of Parent or Legal Guardian**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Printed Name of Parent or Legal Guardian**